

Fruity Iced Tea

Recipe Makes 1 Gallon of Iced Tea

1 Serving = As much as you want!

0 SP, 0 Calories

Ingredients:

8 tea bags Celestial Seasonings Tea of your choice (mixed or single flavors)

Recipe:

Put all 8 tea bags in a very large mug. Pour boiling water to the top and let the whole mix steep for at least an hour. Then pour it all into a gallon size pitcher and fill to the top with water. Mix well and store in the refrigerator. When it's cold, fill your favorite glass with ice and pour yourself a delicious glass of fruity iced tea. I love it unsweetened but you sure can sweeten it up if you'd like to. You can also add lemon wedges or sliced fruit to it as well for more flavor and color!

♥*Fun Diet Food Finds*♥